Health Homes Program: The Basics

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Justice in Aging is a national non-profit organization that fights senior poverty through law. We secure health and economic security for older adults of limited income and resources by preserving their access to the courts, advocating for laws that protect their rights, and training advocates around the country to serve the growing number of older Americans living in poverty.

Visit us at - justiceinaging.org
Commonly Used Acronyms

• Health Homes Program (HHP) – also called Health Homes for Patients with Complex Needs
• Medi-Cal Managed Care Plan (MCP)
• Community Based Care Management Entity (CB-CME)
• Health Action Plan (HAP)
• Medi-Cal Specialty Mental Health Plan (MHP)
Six Goals

- Improve Care Coordination
- Integrate palliative care into primary care delivery
- Strengthen community linkages
- Strengthen team based care
- Improve health outcomes for the highest risk Medi-Cal population
- Savings
Health Homes Program
Structure

Medicaid Managed Care Plan
+ Community Based Care Management Entity (CB-CME)
+ Community and support services
Health Homes Program

HHP Services

• Comprehensive Care Management
• Care Coordination
• Health Promotion
• Comprehensive Transitional Care
• Individual and Family Support Services
• Referral to Community and Social Supports (including housing needs)
Health Homes Program

**Medi-Cal Plan Responsibilities**

- Assign HHP members to CB-CMEs
- Oversight
- Data Sharing (e.g. ED visits, admissions)
- Collect outcome data
- Provide resources to HHP
CB-CME Responsibilities
Serve as the frontline provider of HHP Services

Three Models
1. Care managers on site in community provider offices (preferred model).
2. Care management contracted by another community-based entity or a staff member.
3. Care managers off-site entirely (likely to serve individuals in rural areas).
Health Homes Program

**CB-CME Qualifications**

- Community mental health center
- Community health center
- Hospital or hospital-based physician group or clinic
- Local health department
- Primary care or specialist physician or physician group
- Substance use disorder treatment provider
- Providers serving individuals experiencing homelessness
- Other
Health Homes Program

CB-CME Duties

- Care team staffing
- Person-centered health planning
- Develop a HAP
- Facilitate the provision of evidence-based care
- Manage referrals, coordination, etc.
- Support HHP members in discharge planning
- Accompany HHP member to appointments
- Provide services in the community
- Coordinate with the plan’s nurse line
Health Homes Program

Care Team

• Team members include the HHP Director, Dedicated Care Manager, Clinical Consultant
• For HHP member experiencing homelessness: housing navigator
• Additional team members, such as a pharmacist or nutritionist may be included based on care coordination needs.
Health Homes Program

- Two Target Populations
- Highest Risk
- 3-5% of Medi-Cal population
- ICD 9/10 Code Diagnosis AND High Utilizer
  - Risk Score
  - One inpatient stay in last year
  - Three or more ED visits in last year
Chronic Conditions

- Two of the following: asthma, COPD, diabetes, TBI, CHF, CAD, chronic liver disease, dementia, substance use disorder OR
- HTN AND one of the following: COPD, diabetes, CAD, CHF
Health Homes Program
Two Target Populations

Mental Health

- Major Depression
- Bipolar Disorder
- Psychotic Disorder (including schizophrenia)
Health Homes Program Assignment

Voluntary

- MCP will engage eligible members through letter (maybe more)
- Member assigned to PCP CB-CME if affiliation – member can always choose
# Health Homes Program
## Group 1

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<th>Counties</th>
<th>Implementation for SMI Population</th>
<th>Implementation for Other Chronic Conditions</th>
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When & Where:
- January 1, 2017
- July 1, 2017
## Health Homes Program
### Group 2

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<th>Counties</th>
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# Health Homes Program

## Group 3

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<td>Alameda, Los Angeles, Sacramento, San Diego, Fresno, Tulare, Kern</td>
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Health Homes Program

- SPA submitted to CMS this week
- DHCS released Request for Applications (RFA) to MCPs in the first group
- DHCS will work with initial groups of MCPs to provide technical assistance
Health Homes Program

• Start conversations with the health plans
• Six months DHCS will release provider self-assessment for participation
• Stay informed
Want to know more?

• DHCS Health Homes Program Website:  
  http://www.dhcs.ca.gov/services/Pages/HealthHomesProgram.aspx

• Concept Paper (Final Version – Mar. 28, 2016):  

• DHCS Health Home Mailbox:  HHP@dhcs.ca.gov

• Justice in Aging:  acutler@justiceinaging.org